The best way to prevent infection is to avoid being exposed. COVID-19 spreads from person to person, and can be spread by those who are infected but don’t display symptoms. The CDC advises washing hands, avoiding close contact with others, and cleaning/disinfecting surfaces. Older adults and those with underlying chronic medical conditions should take extra precautions.

The CDC recommends use of non-medical, cloth-based face coverings in some public settings. Medical masks should be reserved for healthcare workers.

Students who are considered to be at a higher risk for severe illness as defined by Georgia Department of Public Health (GDPH) should carefully consider whether moving into a residence hall is the appropriate option.

In order to ensure continued good health, students are recommended to follow the guidelines below.

**Protect Yourself:**

Social distance by staying at least 6 feet apart from others that you do not live with. Consider wearing cloth face coverings in any shared spaces, not including your room.

**Everyday preventative actions everyone should take:**

- Know how it COVID-19 spreads
- Wash your hands often with soap and water for at least 20 seconds
- Use 60% based hand sanitizer when washing hands is not available
- Avoid close contact with other individuals
- Cover your mouth and nose with a cloth face cover when around others
- Cover coughs and sneezes should be protected by covering your mouth with your arm
- Clean and disinfect your individual bedrooms and common areas daily
- Seek medical attention if you should develop an unexplained dry cough and/or fever

**Shared kitchens, dining rooms, laundry rooms, bathrooms**

- Students should stay at least 6 feet apart from one another.
- Students who are sick, their roommates, and those who have higher risk of severe illness from COVID-19 should eat in their bedrooms.
- Do not share dishes, drinking glasses, cups, or eating utensils. The best practice is to use disposable plates, cups, and silverware. Never leave soiled dishes in the sink.
- Due to the laundry room being a confined space, only one student should be in the laundry room at a time.
- Students should avoid placing toothbrushes directly on counter surfaces. Totes should be used for personal items so they do not touch the bathroom countertop.

**Students are encouraged to report any cleanliness issue to the Resident Director or Resident Assistant to ensure all resident apartments are in compliance of the Student Resident Handbook.**

For additional information pertaining to the Coronavirus Disease, please visit the websites below.


**Georgia Department Public Health (GDPH):** [https://dph.georgia.gov/](https://dph.georgia.gov/)

**Peach County Health Department:** [https://www.peachcounty.net/health-department.cfm](https://www.peachcounty.net/health-department.cfm)

**Occupational Safety and Health Administration (OSHA):** [https://www.osha.gov/SLTC/covid-19/controlprevention.html](https://www.osha.gov/SLTC/covid-19/controlprevention.html)