



The best way to prevent infection is to avoid being exposed. COVID-19 spreads from person to person, and can be spread by those who are infected but don't display symptoms. The CDC **advises washing hands, avoiding close contact with others, and cleaning/disinfecting surfaces.** Older adults and those with underlying chronic medical conditions should take extra precautions.

The CDC recommends use of non-medical, cloth-based face coverings in some public settings. Medical masks should be reserved for healthcare workers.

Students who are considered to be at a higher risk for severe illness as defined by Georgia Department of Public Health (GDPH) should carefully consider whether moving into a residence hall is the appropriate option.

In order to ensure continued good health, students are recommended to follow the guidelines below.

### **Protect Yourself**

Social distance by staying at least 6 feet apart from others that you do not live with. Consider wearing cloth face coverings in any shared spaces, not including your room.

Know how it COVID-19 spreads

- Wash your hands often with soap and water for at least 20 seconds
- Use 60% based hand sanitizer when washing hands is not available
- Avoid close contact with other individuals
- Cover your mouth and nose with a cloth face cover when around others
- Cover coughs and sneezes should be protected by covering your mouth with your arm
- Clean and disinfect your individual bedrooms and common areas daily
- Seek medical attention if you should develop an unexplained dry cough and/or fever

### **Shared kitchens, dining rooms, laundry rooms, bathrooms**

- Students should stay at least 6 feet apart from one another.
- Students who are sick, their roommates, and those who have higher risk of severe illness from COVID-19 should eat in their bedrooms.
- Do not share dishes, drinking glasses, cups, or eating utensils. The best practice is to use disposable plates, cups, and silverware.
- Never leave soiled dishes in the sink.
- Due to the laundry room being a confined space, only one students should be in the laundry room at a time.
- Students should avoid placing toothbrushes directly on counter surf aces. Totes should be used for personal items so they do not touch the bathroom countertop.

**Students are encouraged to report any cleanliness issue to the Resident Director or Resident Assistant to ensure all resident apartments are in compliance of the Student Resident Handbook.**

**For additional information pertaining to the Coronavirus Disease, please visit the websites below:**

**Centers for Disease Control (CDC):** <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

**Georgia Department Public Health (GDPH):** <https://dph.georgia.gov/>

**Peach County Health Department:** <https://www.peachcounty.net/health-department.cfm>

**Occupational Safety and Health Administration (OSHA):** <https://www.osha.gov/SLTC/covid-19/controlprevention.html>