

Do you need help feeding yourself, your family, or your loved ones?

Food assistance benefits have been extended for college students!



U.S. Congress has extended many food benefits of the Supplemental Nutrition Assistance Program, or [SNAP](#), through September 2021 for college students.

SNAP benefits are 100% free to eligible students, including the application. To find out if you qualify, please read the [Department of Education's announcement](#).

If you are eligible for federal or state work-study or have a zero expected family contribution (EFC), you may receive SNAP benefits to buy:

- Healthy fruits and vegetables
- Meat, chicken, fish, and dairy products
- Bread and cereals

To get started, use the [SNAP State Directory of Resources](#) to find your state's SNAP office.

SNAP BENEFITS ARE 100% FREE, INCLUDING THE APPLICATION.

If you have questions, reach out to your school's staff contact: